



Fit Fidos

This innovative program focuses on nutrition, fitness, and rehabilitative daily activities. Each participant will be evaluated by our rehab pet team composed of our Board Certified Veterinary Nutritionist, our Certified Canine Rehabilitation Practitioner, and our Certified Canine Fitness Trainer. This comprehensive evaluation, combined with important historical and lifestyle factors determined by you, will allow our team to develop an individualized program to help your pet have optimal fitness and health. Fit Fidos is available on Tuesdays and Thursdays.

The Typical Day of a Fit Fido:

7am – 8:30 am: Arrive at the Ranch Ready for a Fun Filled Day

8:30am—10:30am: Morning Warm Ups

Warm up is tailored to each pet and may include:

Stretching

Massage

Underwater Treadmill

11am – 1:30 pm: Targeted Mobility Exercises

2:30pm – 4:30pm: Afternoon Cool Down

Cool Down is also tailored to each pet and may include:

Underwater Treadmill

Massage

Stretching

Icing

After 4:30pm: Going Home!



Introductory Pricing

Initial Evaluation - \$55

Single Day - \$55

6-Day Package - \$270*

12-Day Package - \$480*

**Initial assessment included with purchase of package*

Multi-pet families save 10% on each additional package

